Where Does My Food Come From?

Support your child to sort the foods into two groups, depending on whether they come from a plant or an animal.

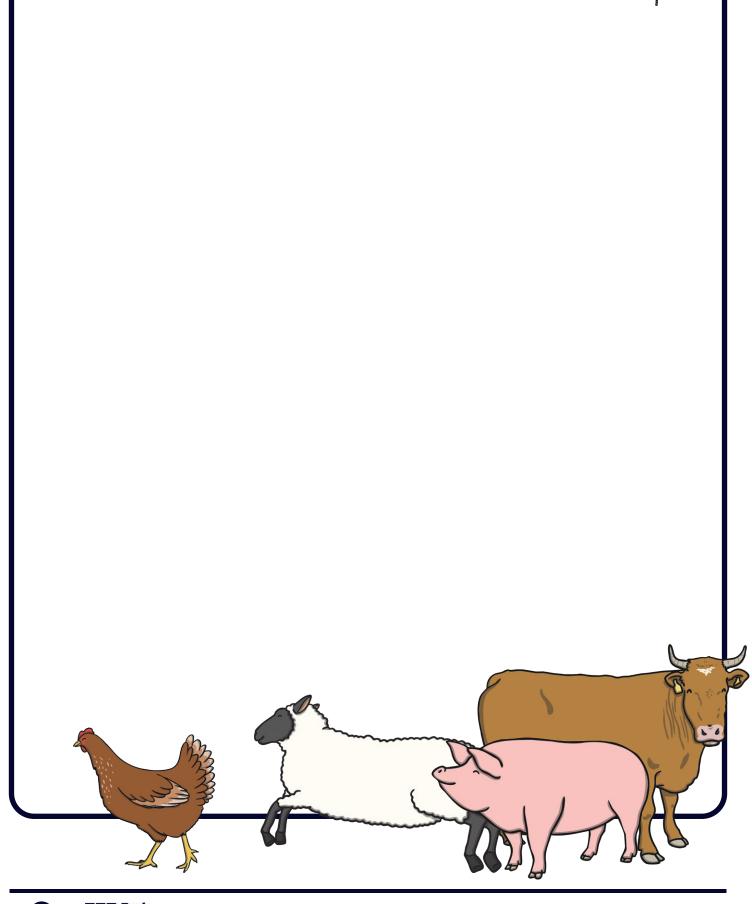
You can also cut pictures of food from magazines to add to the collection.

As you sort, talk about the different foods and how they are grown or reared before being turned into the foods that we eat.



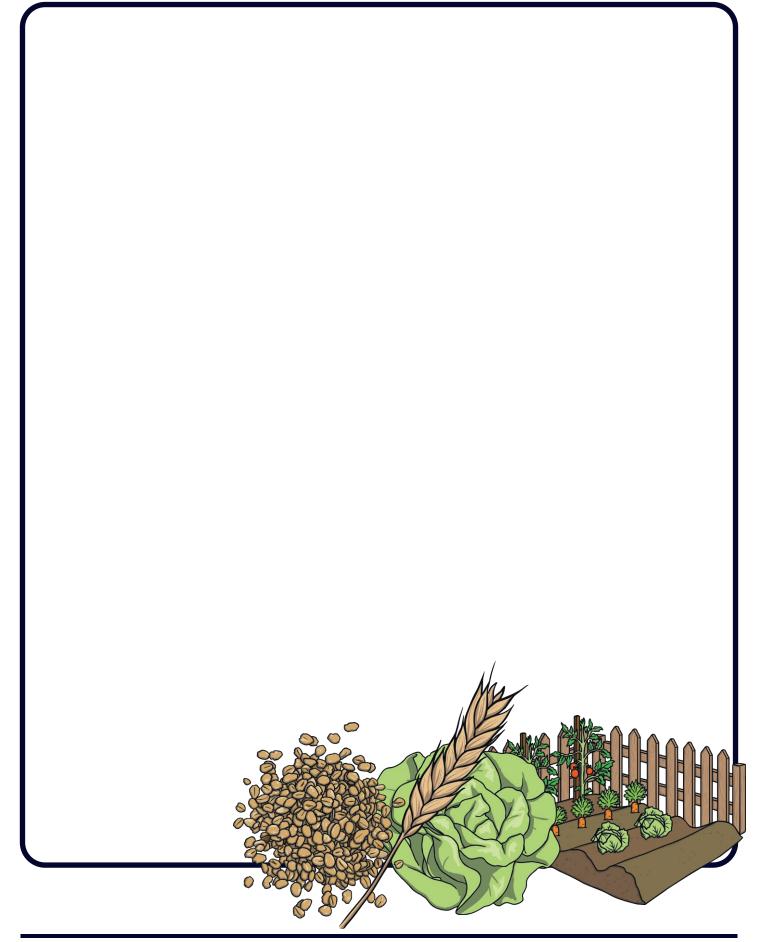
Food from Animals







Food from Plants





Cut out these pictures of food and sort them according to whether they come from plants or animals.

