

1. Have some face to face time with baby	2. Tell baby all about your day	3. Set some cuddle time aside	4.  Go outside together	5. Copy all the noises that baby makes	6. Try out some baby massage
7. Sing your heart out	8. Watch an episode of The Baby Club 	9. Give your baby a mini workout	10. Workout yourself with baby on board	11.  Blow raspberries	12. Pull silly faces
13. Blow some bubbles	14. Play a game of peek-a-boo	15. Enjoy some tummy time	16. Rip up any scrap paper	17.  Sing while you feed	18. Bond at bath time
19. Teddy bear hide & seek	20.  Play "What's in the bag?"	21. Show baby photos of your family	22. Draw a face and chat about it	23. Play with a sock puppet	24. Try some sensory play
25. Talk about what grabs baby's attention	26. Make up a nursery rhyme for them	27. Touch and name their body parts	28. Call a fellow new parent for a chat	29.  Look through a story book together	30/31. Pick an activity from our website