

# 30 DAY PLAYTIME CHALLENGE

**1.**  
 Pull as many silly faces as you can

**2.**  
 Try some pretend role play

**3.**  
  
 Drum with pots and pans

**4.**  
 Play hide and seek

**5.**  
 Pair your socks together

**6.**  
 Make some homemade play dough

**7.**  
 Choose a sensory play activity

**8.**  
  
 Make your own rainbow

**9.**  
 Make a cosy den

**10.**  
 Make a game from bathtime


**11.**  
 Play the traffic light game

**12.**  
 Play with bubbles

**13.**  
 Go on an outdoor adventure

**14.**  
 Make a tower with building blocks

**15.**  
 Pretend to be different animals

**16.**  
  
 Play "What's in the bag?"

**17.**  
 Have a teddy bear's picnic

**18.**  
 Have a dance party

**19.**  
 Play a game of I-spy

**20.**  
 Get creative with a box

**21.**  
 Play a game of copycat

**22.**  
 Try some clapping games

**23.**  
  
 Play with sock puppets

**24.**  
 Play with a teddy bear

**25.**  
  
 Make a homemade jigsaw

**26.**  
 Make a DIY toy

**27.**  
 Play a "Ready... steady... go!" game

**28.**  
 Play whilst cooking your tea

**29.**  
 Play with paper

**30.**  
 Make an obstacle course