

Obstacle course

You will need:

- Some cushions or pillows and some blankets
- Crunchy paper or cardboard
- Anything else that might be interesting for baby to crawl over

Remember:

When babies and children are having fun it is a great time for learning, but you only have to play this for as long as they are enjoying it.

How to play:

- Lay out a simple obstacle course. It could just be a blanket to crawl over, or you could put a pillow underneath to make a hill.
- Talk about what you see and comment on what your baby does.
- Let them explore for as long as they want.

For more activities to try with your little one head to www.bbc.co.uk/tinyhappypeople