

# SCHEDULE FOR THE WEEK

## FOR 0-12 MONTHS

### MONDAY

TALK THROUGH  
YOUR DAY



CHAT THROUGH  
NAPPY CHANGES



WHAT'S IN  
THE BAG?



### TUESDAY

MAKE UP A  
RHYME



BLOW  
RASPBERRIES



READY, STEADY,  
GO GAMES



### WEDNESDAY

STIMULATE  
WITH TOUCH



PLAY WITH  
PEEKABOO



POINT &  
NAME GAME



### THURSDAY

LISTEN FOR  
SOUNDS



SENSORY  
SURPRISE TUBE



NOISY PLAY  
TOGETHER



### FRIDAY

ONE TO  
ONE TIME



LOOK AT  
THE LAUNDRY



CUDDLE TIME  
TOGETHER



# SCHEDULE FOR THE WEEK

## FOR 12-24 MONTHS

### MONDAY

**YUM, YUM  
BREAKFAST**



**MAKE A  
TOWER**



**TAKE A LOOK  
AT A BOOK**



### TUESDAY

**PLAY PEEK-  
A-BOO!**



**EXPLORING  
TEXTURE**



**COOK A MEAL  
TOGETHER**



### WEDNESDAY

**LEARN HOW TO  
TAKE TURNS**



**POTS, PANS,  
BANG!**



**LISTEN  
WITH ME**



### THURSDAY

**WHAT'S IN  
THE BAG?**



**READY, STEADY  
BALL GAMES**



**DO CHORES  
TOGETHER**



### FRIDAY

**HOMEMADE  
MESSY PLAY**



**GO ON AN  
ADVENTURE**



**EXPLORE A  
TREASURE BOX**



# SCHEDULE FOR THE WEEK

## FOR 2-3 YEARS

### MONDAY

IMAGINARY  
PLAY



DO LAUNDRY  
TOGETHER



MATCHING  
HALVES



### TUESDAY

COPY YOUR  
LITTLE ONE



OBSTACLE  
COURSE FUN!



SUPERHERO  
ROLE PLAY



### WEDNESDAY

USE BUILDING  
BLOCKS



HAVE A GAME  
OF SNAP



TELL A STORY  
WITH PUPPETS



### THURSDAY

MESSY PLAY



HAVE A GAME  
OF LEAP FROG



WHAT'S IN  
THE BAG?



### FRIDAY

FINGER  
PAINTING



DRAWING  
FACES



WHAT'S GONE  
MISSING?



# SCHEDULE FOR THE WEEK

## FOR 3-4 YEARS

### MONDAY

TALKING ABOUT  
THE PAST



PLAY MUSICAL  
STATUES



RETELLING  
STORIES



### TUESDAY

PLAY TEDDY  
SAYS



MATCHING  
HALVES



COOK  
TOGETHER



### WEDNESDAY

FEELINGS  
DANCE



BUILDING  
TOWERS



SLEEPY TIME  
GAMES



### THURSDAY

GAMES WITH  
A BALL



TEST YOUR  
MEMORY



SNUGGLE IN  
A DEN



### FRIDAY

RECYCLING  
TOGETHER



WHAT'S IN THE  
SENSORY BAG?



ADVENTURES  
WITH TEDDY



# SCHEDULE FOR THE WEEK

## FOR 4-5 YEARS

### MONDAY

**PLAY RHYMING  
GAMES**



**MAKE A  
FEELINGS TREE**



**DRAW YOUR  
DAY**



### TUESDAY

**PLAY WITH  
A BALL**



**SEARCH FOR  
TREASURE**



**MAKE UP  
SILLY SONGS**



### WEDNESDAY

**PLAY I SPY**



**PLAY  
HOPSCOTCH**



**CREATE YOUR  
OWN JIGSAW**



### THURSDAY

**PLAY THE  
FACE GAME**



**SOUND SORTING  
BOX**



**SHARING  
WITH TOYS**



### FRIDAY

**LEARN  
OPPOSITES**



**THROWING  
GAME**



**TIME OUT  
WITH STORIES**

