



## Starting Primary School with **BBC** Bitesize

# All about me

## Guidance for Early Years Professionals

Thanks for downloading our free **BBC Bitesize Starting Primary School** poster. It is designed to help nursery practitioners celebrate childrens' early years journey by creating a visual, personalised record of where they are right now. We hope that completing the poster using the ideas below will spark sessions which align with Development Matters and other early learning guidance, and enable you to work in partnership with parents as families get ready for big school. We also hope it will look great on the family fridge!

For more resources that families can use, including games, videos and articles, please tell them about our website at [bbc.co.uk/startingprimaryschool](http://bbc.co.uk/startingprimaryschool)



Celebrating your school starters?  
Download our 'Big school' stickers from  
[bbc.co.uk/startingprimaryschool](http://bbc.co.uk/startingprimaryschool)

### My name is

**Using the poster:** Print out childrens' forenames and use them in a name hunt. Support children to stick their names in the space, or try writing their own name if they choose to.

**More ideas:** Encourage name recognition using self-registration and naming songs in daily routines. Segment names using claves or clapping, and count how many children have names with the same initial sound.

**Development Matters:** Literacy – writing, reading. Mathematics – numbers. Physical development – moving and handling. Expressive arts and design – exploring and using media and materials.

### This is me

**Using the poster:** Support children to use a digital camera to take photos of each other, print them out and stick them onto the poster.

**More ideas:** Talk about the similarities and differences within the group. Use mirrors to explore childrens' facial features and support them to draw a self-portrait.

**Development Matters:** Understanding the world – technology and people and communities. Physical development – moving and handling.

### I am .... years old

**Using the poster:** Support children to write the number that represents their age.

**More ideas:** Try some number games to develop childrens' awareness of numbers, like Musical Numbers. Lay out numbers on the floor and when the music stops, shout out a number for children to find. Or go on a number hunt in your local environment.

**Development Matters:** Mathematics – numbers. Understanding the world – people and communities. Physical development – moving and handling.

## I love...

**Using the poster:** Support children to discuss their interests, families and favourite things. Record their words in the heart using the quotation marks.

**More ideas:** Explore the idea of love. How can it connect us to our friends and families when we are apart? What does it feel like? Does it have a colour or shape? Use art materials to represent these descriptions.

**Development Matters:** Communication and language – listening and attention, understanding, speaking. PSED – self confidence and self awareness, managing feelings and behaviour, making relationships. Expressive arts and design – exploring and using media and materials, being imaginative.

## My favourite book

**Using the poster:** Discuss how children would like to represent their favourite book and support them to add it to the poster using words, pictures or even a feeling or colour.

**More ideas:** Introduce children to a variety of literacy-rich texts (with lots of rhythm, rhyme and alliteration) using cosy reading corners and lending libraries. Set up a voting station to choose a book of the week. Support children to act out favourite stories using small world play.

**Development Matters:** Literacy – reading. Communication and language – listening and attention, understanding, speaking.

## My favourite meal

**Using the poster:** Represent childrens' favourite meals with cut-and-stick food pictures or a photo of nursery mealtimes.

**More ideas:** Talk about different mealtimes and support children to express their preferences. Work together to plan or make a healthy meal or snack, encouraging children to think about numbers, shapes, colours and textures. Practise using a knife and fork at mealtimes or introduce cutlery to the playdough table.

**Development Matters:** Physical development – health and self care. PSED – self confidence and self awareness, managing feelings and behaviour. Mathematics – number, shape space and measure. Expressive arts and design – exploring and using media and materials. Understanding the world – the world, people, and communities and technologies.

## I'm practising

**Using the poster:** In the box there are pictures representing washing hands, putting shoes on, putting a hand up in class, getting dressed, blowing noses and using the toilet. Support children to colour in the picture representing each activity, or to use small stickers to mark each one, as they have a go.

**More ideas:** Practise self care and independence through daily routines. Set up a 'sniffle station' with tissues. Try on school uniform as part of dressing-up sessions.

**Development Matters:** Physical development – health and self care. PSED – self confidence and self awareness.