

Converting between hours and minutes

Example

What is 80 minutes expressed in hours and minutes?

There are 60 minutes in 1 hour. So divide by 60 to get the number of hours.

 $80 \div 60 = 1$ with 20 minutes left over. The answer is 1 hour and 20 minutes.

Try these questions then see the answer sheet to check your answers.

Remember there are 60 minutes in 1 hour.

1.	How many minutes in 2 hours?
2.	How many hours in 180 minutes?
3.	How many minutes in 4½ hours?
4.	How many hours in 480 minutes?
5.	What is 140 minutes expressed in hours and minutes?
6.	What is 3 hours and 15 minutes expressed in just minutes?
7.	What is 400 minutes expressed in hours and minutes?
8.	What is 2 hours and 45 minutes expressed in just minutes?

Now check your answers with those on the answer sheet. How did you do?

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