## 'What is bullying?' song lyrics



**Spoken opening line:** Your anti-bullying mission has begun.

Sometimes **bullying**Can be **physical** (like hurting someone's body)
Sometimes **bullying**Can be **emotional** (like hurting someone's feelings)

## So, stand up tall

Through it all
Don't back down, stay strong! (Together we can do this!)
Use our Power for Good
And put a STOP!
To Bullying!

## Sometimes bullying

Can be **online** (like hurtful posts that cross the line)
Sometimes **bullying**Can be **verbal** too (like repeated words that aren't true)

A ringleader can be cruel or unkind,
A target gets hurt, keep that in mind.
Assistants join in, they follow the crowd,
Reinforcers watch, they might laugh out loud.
A bystander watches, but doesn't speak out,
Upstanders are brave, they help, and they shout!

## So, stand up tall

Through it all
Don't back down, **stay strong**! (Together we can do this!)
Use our **Power for Good**And put a **STOP!**To **Bullying**!

**Spoken closing line:** Agents, it's over to you.