

## Activity 1: Match the key word to the description.

**power**

**intention**

**hurt**

**repetition**

**speak up**

CJ told Ash that he felt sad.

Ash asked CJ if he was OK and suggested speaking to a teacher.

CJ said Jamie and Charlie had damaged books before.

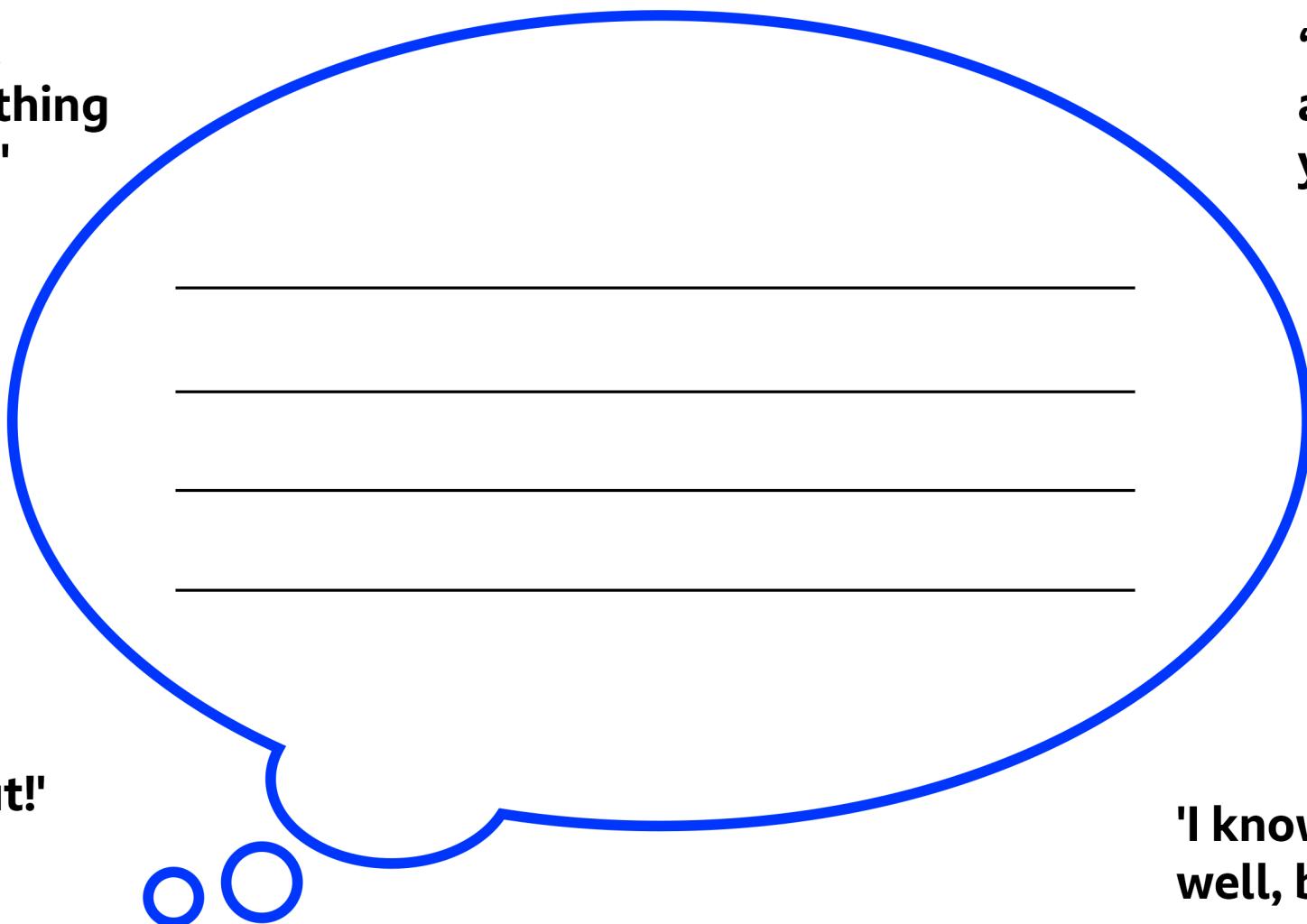
Two people were being unkind to CJ.

Charlie deliberately threw CJ's book on the ground.

### Activity 2: How do you tell someone 'that joke isn't funny'?

Write down some useful phrases to let a friend know when their joking is beginning to get uncomfortable.

**'Can we talk  
about something  
else please?'**



### Activity 3: How does it feel to give or get support?

It feels \_\_\_\_\_

comforting

nice

supportive

like I've been set free

warm and caring

like a weight has been lifted

rewarding

good

empowering

like someone's on my side

great