

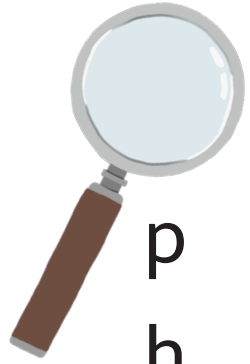
BBC
LIVE
LESSONS



Your
anti-bullying
agent mission
is inside
this book.

TOP SECRET!

CHALLENGE



1



p r u n i t k
h e p o w e r
y p s n k g o
s e t l d r w
i a a i p a m
c t n n o t a
a e d e t s e
l d e n s s t
v e r b a l e

Can you find the secret words?

- power
- teamwork
- online
- target
- stop
- physical
- verbal
- upstander
- repeated

Now use the remaining letters to...

CRACK THE
CODE

□ □ □ □ □ □ □ □

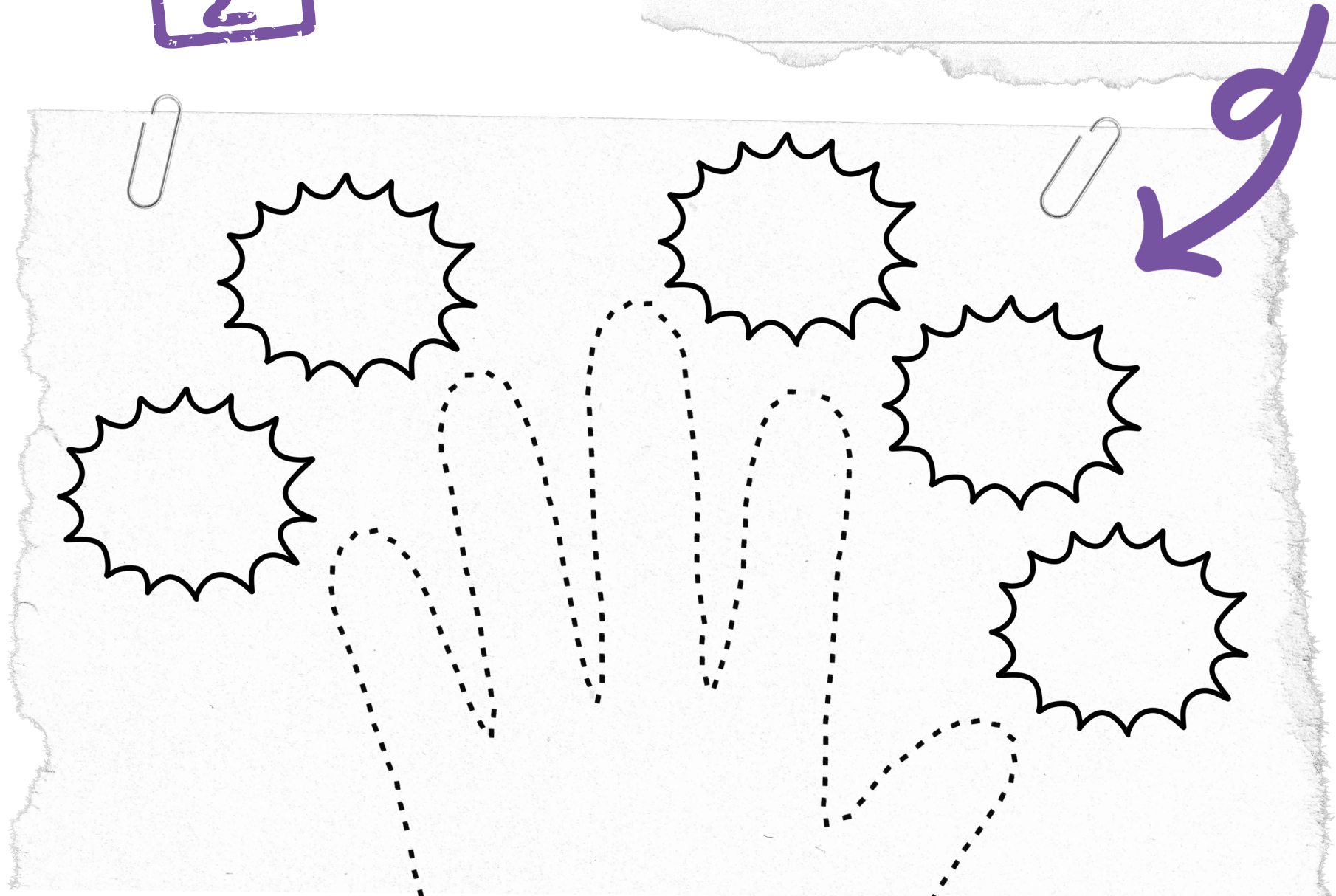
CHALLENGE

2

PUT THE POWER

IN YOUR HANDS

Inside each shape write a power you would use to stop bullying and spread kindness.



CHALLENGE

3

TRUTH

OR

MYTH?

Tick a box under each statement.

Only adults can stop bullying.

Truth ☐ or Myth ☐

If I laugh along, it's just a joke.

Truth ☐ or Myth ☐

Even small actions can make a big difference.

Truth ☐ or Myth ☐

If I ignore the bullying, it will stop.

Truth ☐ or Myth ☐

We all have the power to help.

Truth ☐ or Myth ☐

FINAL

CHALLENGE



Draw or write your
anti-bullying pledge.

