

Treasures and horrors

Imagine you are given two boxes. In one, you can put five things in your life you treasure. These may be objects, ideas/concepts or habits. In the other, you can lock away five objects/concepts or habits that cause you upset and that you'd like to be rid of. List them below and be prepared to explain why.

Things to treasure	Things to get rid of
1.	1.
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2.	2.
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3.	3.
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4.	4.
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5.	5.
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