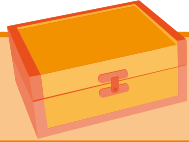


Treasures and horrors

Imagine you are given two boxes. In one, you can put five things in your life you treasure. These may be objects, ideas/concepts or habits. In the other, you can lock away five objects/concepts or habits that cause you upset and that you'd like to be rid of. List them below and be prepared to explain why.

Things to treasure



1.

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2.

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3.

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4.

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5.

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Things to get rid of



1.

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2.

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3.

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4.

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5.

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