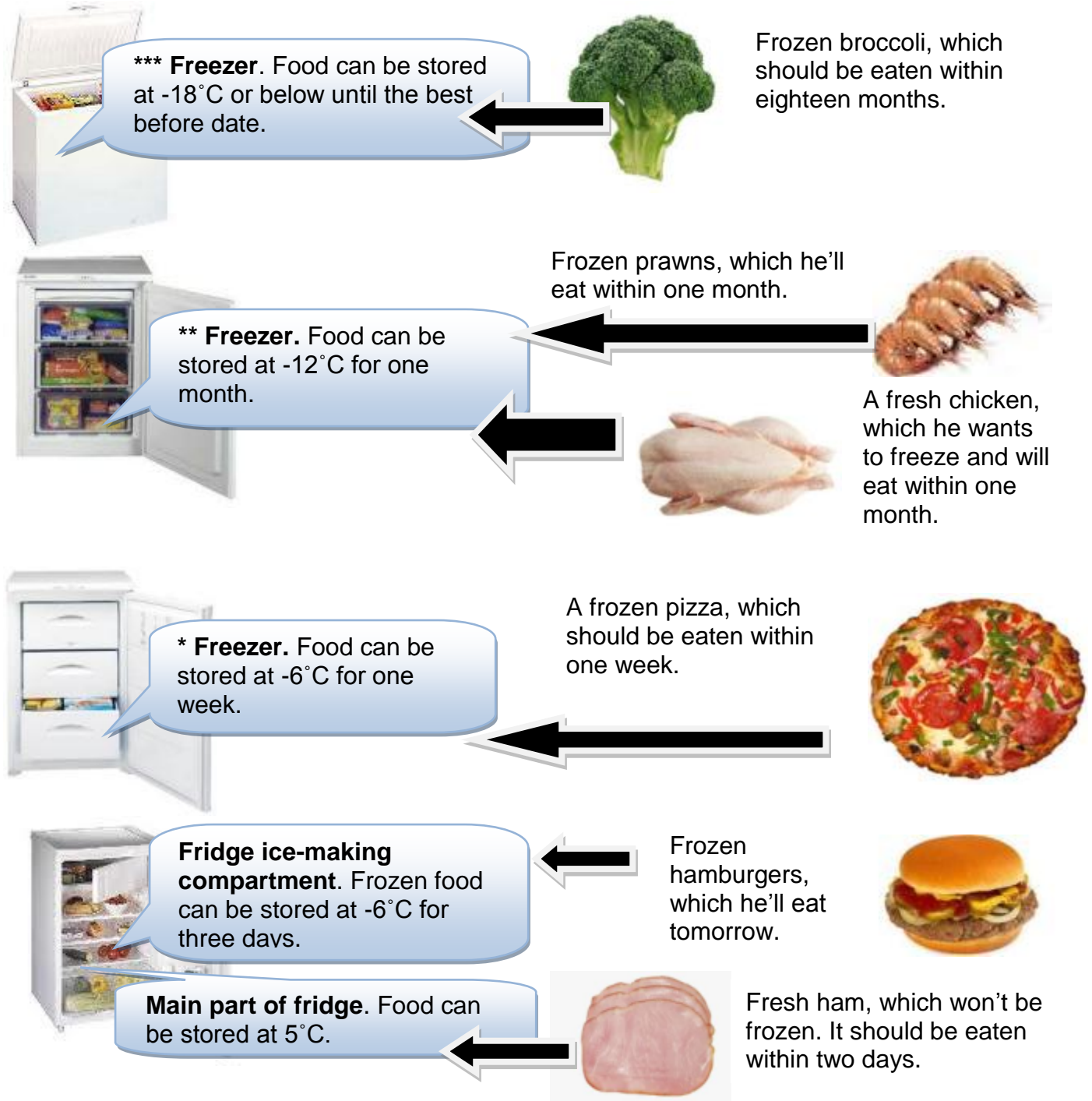


Understanding frozen-food packets - answers

This is how Jim's shopping should be stored:



Taking it further: have a look at the stars marked on your freezer and check you're storing your food at the correct temperature.