



## Bathing a patient: listening for information - answers



How many of these points did you get?

Can you think of anything else that would help when you bath a patient?

1. Can you explain why you might use an automatic bath seat or lift for an elderly or frail person?

Correct answer: you might use an automatic bath seat or lift for an elderly or frail person **because they might have difficulties walking and/or climbing into a bath. Using a bath aid allows people to continue to enjoy a bath when they can no longer get in and out of it on their own.**

2. Why should you try to reassure the person you are bathing?

Correct answer: you should try to reassure the person you are bathing **because an elderly and/or frail person may be very nervous of the equipment.**

3. How can you help a person maintain their dignity when they need help with taking a bath?

Correct answer: you help a person maintain their dignity when they need help with taking a bath **by respecting their privacy by only giving as much help as they need. Keep them covered with a towel. Be gentle in helping them get undressed and make sure they are comfortable before lowering them into the water.**

4. Why might you need to use a seat with arms on it?

Correct answer: you might need to use a seat with arms on it **for extra security.**

5. Why is it important to make sure you have everything ready before you start the bath procedure?

Correct answer: it's important to make sure you have everything ready before you start the bath procedure **so that the bath doesn't get too cold or overflow while you're undressing the patient. Also, you don't have to leave the room or ask for extra help because you've forgotten something.**