

Measuring time

We can measure time in seconds, minutes, hours, days, weeks, fortnights, months, seasons, years, decades, centuries and millennia. You need to understand these units of measurement and know when to use which one.

Seconds - used for measuring a short length of time, such as how long it takes you to run a short distance. The best piece of equipment to use is a stopwatch or stopclock. Digital ones are easier to read, but you must also be able to read analogue ones.

Minutes - used for measuring time that is quite short, but likely to be longer than 60 seconds, such as how long your bus journey to college is. It's best to use a stopclock or stopwatch. You could use ordinary watches/clocks, but your measurements won't be as accurate. (An egg timer usually measures 3 minutes and can be useful for timing your eggs to perfection or in playing certain games.)

Hours - used for measuring longer periods of time, such as how many hours you have to work in a day or a week. Clocks or watches are the best equipment to use for this.

