

Choosing units and instruments to measure weight

Have a look at the following items. What would be the most suitable metric unit of measurement?

What instrument would you use for measuring? Then have a go at estimating the measurement.

The first one's been done for you.

Object	Unit	Instrument	Estimated measurement
An orange	grams	kitchen scales	200 g
Yourself			
A bag of sugar			
A can of beans			
A bag of potatoes			
A car			
A letter			
Luggage			