## Labels

You can find out the capacity of some containers by looking at the label. Amounts are written in litres (I), centilitres (cl) or millilitres (ml).

The capacity of large containers is shown in litres. The capacity of small containers is shown in millilitres.

Have a look at these examples:


Did you spot the symbol e on each label? When this appears it means the weight or volume of each pack might vary slightly. But the figure shown will be an accurate average.

Take a close look at the labels on some containers in your home. Or have a look when you're next out shopping. Where can you find examples of containers with labels that show their capacity?

