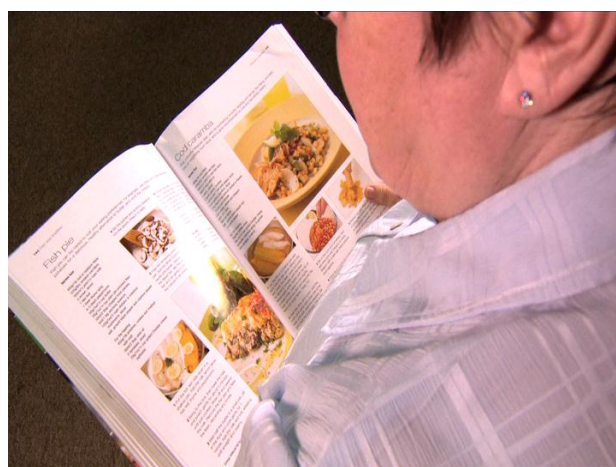


Reading for hobbies

You can find information about almost any hobby in books, magazines and on the internet.

To find information, it helps to:

- know what information you are looking for
- use an index or contents page to find the right information
- work out key words and phrases so that you can scan text for useful information.



Cookbooks are great for discovering new recipes

Using a contents page

The **contents page** is at the front of a book. It normally lists the chapters, or sections of a book in order, and gives page numbers.

Use the contents page to find general information about what's in each chapter.

Practical Gardening		
Contents		
Chapter 1	Gardening essentials	Page 1
Chapter 2	Basic gardening techniques	Page 25
Chapter 3	Choosing plants	Page 45
Chapter 4	Town gardens	Page 66
Chapter 5	Country gardens	Page 95
Chapter 6	Container gardens	Page 112
Chapter 7	Vegetable gardens	Page 124
Chapter 8	Indoor gardening	Page 140
Chapter 9	Pests and diseases	Page 155

Using an index

Index

Apples

Apple crumble	p99
Apple pie	p103
Apple sauce	p56

Artichokes

Artichoke and cheese crepes	p35
Artichoke and spinach rosti	p37

Avocados

Avocado and walnut salad	p20
Avocado crepes	p34
Guacamole	p15

An **index** is usually at the back of a book. It is normally in alphabetical order, and lists key words, topics and names, with the page number.

Cookery book indexes often list ingredients as main headings, with recipes listed alphabetically beneath each heading.