



Care-home instructions

Use this blank form to turn the notes on the information sheet into **instructions** for the people on the next shift.

Daily Activity Sheet	
Patient: Mrs Bean	Staff nurse:
Mobility and comfort	Communication
Activities	Clothing
Personal hygiene	Elimination
Diet	Relaxation and sleep



Care-home instructions

Care-home instructions: daily activity sheet

You work at the Skillswise care home for elderly teachers. A colleague on the previous shift has made some notes on a patient's activity sheet. **Turn their notes into instructions for the people on the next shift (see 'Care-home instructions' worksheet).**

Daily activity sheet	
Patient: Mrs Bean	Staff nurse: Michelle Sealey
Mobility and comfort Mrs Bean is usually mobile. Today, apart from visits to the bathroom, she stayed in her chair in the day room. It might be worth trying to encourage her to walk around a bit using her walking frame.	Communication A few hours after breakfast Mrs Bean started asking when her breakfast would be served. Her short-term memory seems to be deteriorating. She will need reminding that she will be leaving at 11:00 am for a hospital appointment.
Activities To stop Mrs Bean dozing off in the afternoon (see note below) she'll need to be kept active. She enjoys cross-stitch or solving jigsaw puzzles.	Clothing You'll need to check that she has fresh clothes on for her hospital appointment, including suitable shoes.
Personal hygiene Mrs Bean has recently been having difficulty with washing and dressing herself. You'll need to check if she needs help in the morning.	Elimination Nothing has changed. She is having regular bowel movements.
Diet She will need to eat all her breakfast as she may not eat her lunch until late due to hospital appointment.	Relaxation and sleep Mrs Bean dozed in the afternoon so did not sleep well during the night. Try and keep her active during the afternoon so that she doesn't fall sleep.