



## Finding the main idea in paragraphs

Read through the text below. The writer is telling the story of her life, so the text is autobiographical.

See if you can find **the main ideas** in each paragraph.

### Having my first child

When I was fifteen I fell pregnant with my first child. I was very scared. I knew straight away that I was going to keep it. I was sixteen when I had him and my first thoughts were very confused. I was scared and worried, hoping that the pain was soon to be over. (1)

My labour didn't help as it was very long – twenty-seven hours! And there were a few difficulties along the way. That stressed me out a bit because I was picking up the staff's worries. In the end because both the baby and I were stressed, I had to have a caesarean. After seven minutes of starting the operation, I had my little baby boy. When he was born he had the cord wrapped around his neck, which could have been quite dangerous. That worried me but then everything was fine. They checked him over and gave him to me. (2)

I named him Connor and he weighed 6lb 14oz. I stayed in hospital for five days, which was fine, but when I got home it kind of started feeling real. I was 16 and I had to care for this tiny little baby, and I didn't know anything! I still lived at home with my parents and they were a great help. They took my worries and fears away. My mum helped me learn how to look after and care for Connor, which I will never ever forget and I am so grateful for. (3)

Connor is now 11 and he has a brother called Kieran who is 9. I don't regret having them at such a young age. I'm now 28 and I'm at college studying English and maths. I would like to do so much more in the future as I'm still young. I'm so proud of both of my children, and the good thing is that, as I'm doing more with my life, they are just as proud of me. (4)

Adapted from 'Having my first child' by Claire Malham, NRDC, Voices on the Page

Paragraph (1) \_\_\_\_\_

Paragraph (2) \_\_\_\_\_

Paragraph (3) \_\_\_\_\_

Paragraph (4) \_\_\_\_\_