



Improving your handwriting

Practising forming letters and words can help to improve fluency in your handwriting and it may help you to write faster. If handwriting becomes easier, you can focus more on what you want to say in your writing, and so the quality of your writing can also improve.

Look at these letters: a o c

Trace these letters. Notice where you make downward and upward strokes when forming the letters.

Now cover the letters. Try writing each letter in turn. You should be moving your pen in the same direction for each letter.

Look at these letters: l i j

Do you notice that each letter is made with a similar stroke?

Cover the letters and practise forming each one.

Now choose a letter or sequence of letters that you find difficult. Compare your handwriting with someone whose writing you like. Discuss any differences in how you form or join the letters.

To check your fluency and speed, try timing yourself as you write letters or letter patterns. Ask a friend to help if it is easier. See how many letters, letter patterns or words can you write in 45 seconds.

