



los dátiles



las magdalenas

Small fairycakes, light but rich in flavour, often with a hint of lemon.



Las aguas frescas

A drink made of a combination of fruits, grains, flowers or seeds, blended with sugar and water.



Las milanesas

Breaded meat fillets, often topped with fried egg in Argentina.



Los aborrajados con queso

Deep-fried plantains stuffed with cheese.



Los tamales

Steamed dough filled with meats, cheese, fruit or vegetables.