

# What is a good life?



## 1. As the pupils enter

Have the **webpage open**. Play your chosen music and display the image of **key words**.

## 2. Introduction

Begin by asking pupils what they want to be when they grow up. Take a few answers, which will probably mainly be related to jobs they want to do. Then ask: 'Who would like to be rich when they grow up?'. Then ask: 'Would you rather be rich, or happy?' Explain that we are going to watch a short clip where some children are going to be discussing the question 'What makes a good life?'

## 3. Play the video

The duration is 3' 57". Final words: '...do you think a good life is.'

## 4 & 5. Time to talk

Ask the children to spend a few moments thinking of their answer to the boy's question: 'What do you think a good life is?' Gather a few responses from the pupils.

If you have time, expand the post-video discussion by asking pupils to respond to some of the other questions in the video:

- If life was never hard, would that mean it was a good life?
- If you lived a life with little money but you helped people, would that be a good life?
- Is it more important to be rich or happy? Draw out responses that encourage children to recognise the importance of life having meaning beyond just fame and riches, through relationships with friends and family, and helping others.

## 6. Opportunity to sing

If the assembly is to include a song you could sing it now.

## Link to video page



## 7. Opportunity to reflect

*Imagine yourself in the future... when you are old...*

*What would you like to be able to tell people about the life you lived..?*

*Was it a good life..?*

*What kind of person do you want to be..? Happy, kind, caring for others, putting other people first..?*

*How can you make sure that your life is a good life..?*

## 8. Opportunity for prayer

*Dear God (or your usual address) and:*

*Thank you for every child and adult here today.*

*Thank you that we all have a chance to live a good life.*

*We pray that you will help us to make good choices, so that we can confidently say that we are living a good life.*

*Amen.*