

SELF-RESPECT

1. As pupils enter

Play your chosen music and, as the children gather, display the quote **'Be proud of yourself – no one knows you better than you'**.

2. Introduction

Ask the children to think of something they are really proud of about themselves. Maybe it is something that other people do not know. Invite children to share what it is that they are really proud of and why it makes them feel proud.

Explain that today the assembly is going to think about the meaning of 'self-respect'. Explain that if we have self-respect we look after our bodies and our minds and we are confident about who we are and what we can do. We had self-respect and showed self-belief when we shared things we were proud of about ourselves.

Ask children to look for the value of self-respect in the story as they watch the video. What happens when the shepherd boy believes in himself?

3. Play the video

The duration is 3' 55". Final words: 'See you again soon. Bye!' 'Bye!'

4. After the video - Time to talk

Lead a discussion about 'self-respect' in the story by asking all or some of the following:

- How might David have felt being the youngest of the brothers?
- Jesse, David's dad, was proud of all his sons that were soldiers. How might that have made David feel?
- Why did David work hard at being a shepherd?
- What did Samuel know about one of Jesse's sons?
- What did God tell Samuel he needed to think about when looking for a new king? What was important? Why?
- Why was it a surprise that David was chosen to be king?

5. Opportunity to sing

An opportunity to sing your chosen song.

Video page



6. Opportunity for reflection

Close your eyes and listen to the words from the story: 'God does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart'. Think about the story of Samuel choosing David to be the new king. Say quietly to yourself: 'I am proud of myself. I am proud of all that I am. I am proud of all that I can do. I am proud that I am trying. I am proud that I am making progress'. If you ever feel down, remember that it is your heart and what is inside you that is important and no one knows that better than you!

7. Opportunity for prayer

*Dear God,
Thank you for the story of 'Samuel anointing David', teaching us the value of self-respect.
Thank you that we are wonderfully made and that you love us for who we are on the inside.
Help us to look for what is inside other people...and to show your love to others in all we think and say and do. Amen.*