

Sikhism

The Five Ks

1. As the pupils enter

Have the webpage open:

<https://www.bbc.co.uk/teach/school-radio/assemblies-five-ks-sikhism-z7nj96f>

Play your chosen music and display the 5 Ks image if you wish (see Key links):

http://teach.files.bbci.co.uk/schoolradio/assemblies/images/sikhism_the_5_Ks.jpg

2. Your introduction to the video

How good are you at remembering? How good are you at remembering names? Today we're going to take a challenge - a challenge to remember the names of five things. The five things are all important to a particular community - the Sikh community - and to find out what they are we're going to watch a short video introduced by two Sikh boys: Taran and Roven. Watch carefully because at the end we're going to try to remember what the five things are...

3. Play the video

Play the video. The duration is 3' 45" and the final words are: '...now, it's just, like, ready.' The video can be paused at appropriate times to ask the Video questions or leave them until after the video to become part of the discussion.

4 & 5. Time to talk

Now for the challenge - ask the children if they can remember what the 5 Ks are. Choose five children to represent each one and see if children can remember what each word means.

Then move the discussion towards more universal considerations:

The kara bracelet is a symbol that God never ends. What else is a symbol for God in your eyes? Sikhs do not cut their hair. This might be hard to do. If you belong to a particular faith group, do you have any customs or beliefs that you sometimes find difficult to keep? Keeping them may require strong will-power. When have you been tested to show strong will-power..?

6. Time to sing

An opportunity for you to sing your chosen song.

Play video



7. Opportunity to reflect

'We've thought today about belonging and about taking responsibility... Sikhs wear five different special things to show how important their faith and community is...

Whether we choose to wear special items or not we can all share things that are important to Sikhs - such as taking responsibility for our world by acting in a particular way...

Take a moment to think to yourself about your role in society. What can you do to show others that you care about your community and the wider world..?

How will you reach out to others..?

8. Opportunity for prayer

'Thank you for all the things that make our lives colourful and exciting. Help us to find space in our busy lives to think about what we truly need and what is truly important. When we are tired help us to find rest...and when we are rested help us to begin again with new energy. Amen.'