

Moses and The Ten Commandments Vlog #1



1. As the pupils enter

Have the **webpage open**. Play the chosen music and display any images.

2. Introduction

What do you think of rules? Are they needed...or are they just annoying...and in the way? [Take suggestions of rules that we follow at school, at home, at work, playing football, etc. Discuss how important (or not) the rules are and why.]

What might happen if we do not follow the rules? [Take suggestions.]

Lots of religions have rules to follow - including Judaism and Christianity. The Bible tells a story of a man called Moses - perhaps you've already heard of him during his time in Egypt with the various plagues and then the parting of the Red Sea. When Moses was leading his people from Egypt to live in their new land, he walked up to the top of a mountain and came down with a new set of rules from God for them to all follow. These are known as the Ten Commandments. We're going to watch a short video now. It imagines what it would have been like if Moses vlogged about his meeting with God and posted the video to his social media channel...

3. Play the video

The duration is 4' 44". Final words: '...603 to go! Peace out!'

4. Time to talk

- Ask everyone to turn to their partner and try and remember as many of the 10 Commandments as they can. Write them down at the front.
- Explain that rules are created for many reasons, but one reason is to protect people from getting hurt. Which ones might this apply to? Can they think of any other rules either in school or out of school that are written to protect us from getting hurt?
- Introduce the word CONSEQUENCE. What do pupils understand by it? Explain that often, if rules are not followed, there could be a negative consequence and this can lead to more and more upset.
- Ask for 4 volunteers and give each one of the signs to hold up. Explain that the first person didn't follow the rules and made the wrong choice...which resulted in their friend getting angry and kicking them...which is also not following the rules. Another child was talking when they should have been listening... which resulted in their friend not hearing so not completing their work. Rules are often there for our own good and not following them can result in others also getting into trouble.
- Explain that the video also shows the consequences of actions.

Link to video page



5. Opportunity to reflect

Close your eyes and think of all the rules that there are in our lives...

Can you see how those rules are written to guide us to making the right choices...and protect us from being hurt..?

Think of a rule you find hard to follow...

Think about how you can change your mindset to focus on seeing the value of that rule...and following it in the future...

6. Opportunity to sing

See the webpage for suggestions.

7. Opportunity for prayer

Use your usual form of address ('Dear God', 'Lord', etc) and:

Thank you that we have people who care enough about us to make rules for our lives.

Help us to follow these rules to keep us and others safe and happy, even when we are tempted not to.

Amen.

