

Sikhism: Values and customs

1. As the pupils enter

Have the webpage open:

<https://www.bbc.co.uk/teach/school-radio/assemblies-sikhism/zttkg7h>

Play your chosen music and display the image (see Key links):

http://teach.files.bbci.co.uk/schoolradio/assemblies/images/guru_granth_sahib.jpg

2. Your introduction to the video

Display the image of the Guru Granth Sahib (see 'Key links') and if the assembly is scheduled close to a Sikh festival make reference to it. Then: *Gurus are Sikh spiritual leaders. The first of these, Guru Nanak, founded the Sikh faith in the Punjab region of India in the 15th Century CE. His teachings and those of nine more Gurus are collected in the Sikh holy book, the Guru Granth Sahib. Some of us follow one religion with our families, some of us follow another and some of us follow no religion at all. But whatever our family's religious faith may be, it's important - and interesting and fun - to find out more about the faith of our friends and neighbours. Discovering what matters to others helps us to value and respect one another and to get on well together. In this video clip two friends from different faiths find out more about each other's lives.'*

3. Play the video

Play the video. The duration is 4' 21" and the final words are: '...showing Jack the Gurdwara and telling him how important it is to Sikhs to help others.'

4 & 5. Time to talk

Use the Video questions to help the children recall details. Ask the children: *How do you think Devinderajit felt about Jack's visit? How do you think Jack felt? What did you learn about Sikhism?*

Gather the pupils' responses, ranging from factual points (eg 'Sikhs let their hair grow long and do not cut it') to the more reflective (eg 'Sikhism is about generosity to others and about sharing').

Ask: *Are there similarities between other faiths and Sikhism?*

Pupils might suggest there are shared customs (such as covering the head, or taking off shoes) and similar shared values (such as honesty, treating others well and helping those less fortunate).

Close the discussion with: *Discovering what matters to others helps us all to value and respect one another and get on well together.*

Play video



6. Time to sing

An opportunity for you to sing your chosen song.

7. Opportunity to reflect

Ask pupils to close their eyes. *'As Devinderajit says, it's all about learning to be a better person, about working hard, being honest, sharing with others and about being generous and caring...*

When we are hard-working and honest, we feel better inside. And we feel even better when we share... What could you share with someone today..? How could you show your generous side..?

Because when we show other people that we care, they care for us in return.'

8. Opportunity for prayer

(*'Dear God', 'Lord Jesus' etc and): 'We thank you for the values we share with people from all backgrounds.*

Help us all to learn to live a better life, to work hard, to be honest, to share with others and to help those in need so we can remember you in all we do. Amen.'