



# Sikhism - Values for living

## 1. As the pupils enter

Have the webpage open:

<https://www.bbc.co.uk/teach/school-radio/assemblies-sikhism-values-for-living/zwfyhcv>

Play your chosen music and display the gallery 'What is valuable?'

<https://www.bbc.co.uk/teach/school-radio/assemblies-gallery-caring-what-is-valuable/zmc43j6>

## 2. Introduction

Look at the images in the gallery 'What is valuable?' After each image ask the children to show by a thumbs-up or thumbs-down whether they think what is shown is valuable. At the end ask what they think is *most* valuable thing that has been shown in the pictures. Then:

*Today we're going to watch two short stories about someone who is very special to followers of the Sikh religion. He's called Guru Nanak and he is the person who started the Sikh religion. Sikhs tell many stories about Guru Nanak - stories that help to show people what is really valuable in life. Think about what these things might be as you watch the stories...*

## 3. Play the video

Click on the 'Play video' button to load the video page. The video should play automatically. Display the video full-size using the toolbar buttons. The duration is 3' 11". The final words are: '...help poor people for the rest of his days.'

## 4 & 5. Time to talk

Use the story questions to help children recall the events of the two stories:

1. Who is the founder of the Sikh religion? 2. What is the Sikh holy scripture called? 3. How did the holy men greet Guru Nanak at the city? 4. What did Guru Nanak do with the bowl of milk? 5. What small object did Guru Nanak give Duni Chand? 6. What lesson did Duni Chand learn from Guru Nanak? Then ask the children to suggest what the stories reveal about what is most valuable in life.

## 6. Opportunity to sing

An opportunity to sing your chosen song. Refer to the web pages for song suggestions from BBC collections.

**Play video**



## 7. Opportunity to reflect

*We've been thinking today about what's important in life...*

*We've thought about what's important to Sikh people...*

*And we've thought about the things that we value in our own lives (name some things you've talked about during the assembly)...*

*We've also thought about the importance of being welcoming to others, as Guru Nanak taught...*

*I wonder what we could do to make our school even more welcoming..?*

*Maybe you'll think of some ideas back in class...*

## 8. Opportunity for prayer

*We thank you for the many different things that we value - in our families, in our school and in life...*

*Help us to remember that everyone in our school community matters...*

*And help to make our school a happy and welcoming place to be.*

*Amen.*