



10 mins

# 1. Warm up Activity

## Pass the Sound

This is a great game to get the children to focus, while also training their co-ordination and rhythm skills.

Arrange the class so they are sitting in a circle.

The teacher begins the game by making a non-rhythmic sound using their body, for example rubbing their hands together. The teacher continues to make this sound and while doing so, moves slightly to the child sat next to them on the left, as if to 'pass the sound' to them.

This child can now make the same sound as the teacher and pass it onto the person to their left, and so on until everybody in the circle is making the same sound as the teacher. The only rule so far is that a child is not allowed to make the sound until the person before them has passed it over.

With the cycle completed, the teacher then changes the sound they make and passes that around the circle.

To make the game more advanced the teacher could start a new sound when the previous one is only half way round the circle, so there will be two different sounds happening at the same time.

Once the children have got to grips with this, try passing short and simple rhythms.

### Objective and Musical Focus

Pulse; Rhythm;  
Playing as an ensemble

### Instruments?

Untoned instruments,  
body percussion  
optional

### Accessibility

Suitable for Vision,  
Motor, Hearing  
and Cognitive  
impairments with  
minor adaptation.



If waves of clapping break down, stop and ask the children what solutions can they come up with to improve their success rate.



5 mins



## 2. Song: *Bring the Noise Theme*

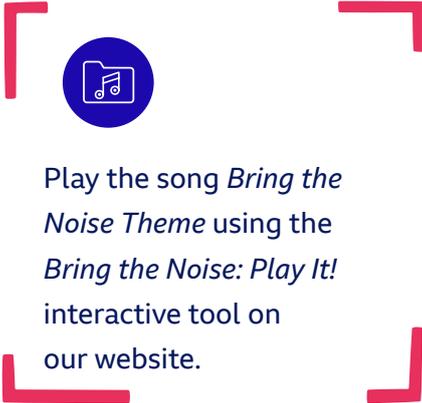
Listen to the *Bring the Noise Theme* song.

Teach your class the following section from the track:

**You know what time it is  
If not I'll tell you so.  
Bring the noise! Bring the noise!  
C'mon and feel the beat,  
To make you stamp your feet.  
Bring the noise! Bring the noise!**

**Laa La-la, La-la-la, La-la-la  
Laa La-la, La-la-la, La-la-la  
BRING THE NOISE!**

Come up with some actions with your class, and practise these and the singing along to the song!



Play the song *Bring the Noise Theme* using the *Bring the Noise: Play It!* interactive tool on our website.





20 mins

## 3. Main Activity

### Bring the Noise!

This activity can be done using instruments or with body percussion sounds.

Firstly, have a class discussion and make a list of the sounds that we hear in our everyday lives, these could be sounds we hear in school, outside in the community, at home etc.

Using suggestions from your list, complete the sentence, 'can you hear the...'

Now have a further discussion to describe those sounds in more detail. For example, are the sounds loud, quiet, long, short, low pitch or high pitch.



Write a new sentence using your ideas from the previous discussion. Each line of the sentence should have a maximum of seven words. Here are some examples:

**Can you hear the police car  
Whizzing loud and fast?**

**Can you hear the tweeting birds  
Singing high up in the sky?**

Split the class into four teams and give each group one sentence they have come up with in the previous exercise.



Challenge each group to compose a way of saying their full sentence in rhythm along to the pulse of the track, like a rap. They only have 8 beats to say the full sentence so it may help if you count out loud numbers 1 to 8 as they practice.

Allow each group time to experiment making their raps and share back what they've created.

Next, using the instruments you have available, challenge each group to compose a short sound that represents the sound that is described in their sentence. Allow them plenty of time to experiment, refine and edit their ideas.



Each musical soundbite can only last 8 beats. Get the groups to feed back their work to one another.



When the groups are coming up with a way of rapping their sentence, have the track on in the background or clap a steady pulse for them to base their rhythm on.

Finally explain that each group will say their sentence in rhythm (over 8 beats) immediately followed by their soundbite (over 8 beats), then to the next group and so on until all four groups have had a turn.

Practise this with your class and when you feel ready, play along to the track. You can use the *Bring the Noise: Play It!* interactive tool to mute the vocals in the song for your own performance. This will replace the opening section of lyrics at the start of the song, beginning with:

**Ride into school on my new crazy scooter**

## 4. Troubleshooting

When playing 'pass the sound' try and make each sound/ rhythm different so the children can easily identify when a new one is being passed around.

When choosing sounds to represent those in their sentence, the children will need to carefully consider which instruments best suit the sound they are trying to represent and not just pick the instrument they enjoy playing the most!



### Key words

**Body Percussion:** sounds made using your body.

**Pitch:** whether a sound is high or low.

**Pulse:** a steady beat, like a ticking clock.

**Rhythm:** a pattern of long and short sounds.